Remnant Life Church

October 11, 2026

Healing

Pt 1

The Biblical Views

Psalm 103:2-4

I would like to take the next several weeks examining what the Bible says about healing

- The healing ministry of Jesus
- What healing means for us today
    - Is there supernatural healing
    - Or did that stop when the last living disciple John died?
    - And this morning, we begin with what is the biblical view of healing?

The need for the healing of our spirits, minds, and bodies became necessary when sin entered the world

As a starting point for this teaching we first must lay the groundwork of why and how healing can take place

- Here is the first building block of that foundation: when Jesus died on the cross, He made the atonement for our sins.

The biblical meaning of the word "atonement" is the reconciliation of the relationship between God and humanity

- That became necessary because of sin
    - Reconciliation was achieved, first, through the blood sacrifices found in the Old Testament
    - Then ultimately fulfilled by Jesus Christ's death and resurrection.
- Biblical atonement refers to restoring a broken relationship between God and us, His creation, caused by sin.
    - It involves covering, cleansing, or removing sin so that fellowship with God can be restored
    - How did that brokenness in each of us come about?
        - When sin entered into the nature of man it corrupted the perfection of God's original creation
            - In God's original design, humans are spiritual beings contained within a human body
                - The spirit, heavenly in nature, is given by God
                - Our bodies then were created from the materials of creation
            - When sin entered, it corrupted that harmony of the two causing the body to age, decay, and eventually die
                - The noted theologian and author John MacArthur said this, *Sin's residual presence dwells in the "flesh" — the unredeemed physical body — even after salvation. This means that while the inner spiritual nature is renewed, the outer body remains subject to decay until the resurrection.*

        - This is certainly true
            - The body is not renewed, otherwise all Christians would physically live forever without sickness
            - And the body, even in the magnificence of its creation by the Hand of God, breaks down, gets sick, and can be injured.

- And this all came about because of sin
    - Let's look at what happened as a result of that sin
    - Gen 3:23 – *So, the Lord God banished him from the Garden of Eden to work the ground from which he had been taken.*
    - That banishment was not only a physical removal from the Garden, but the removal of God's presence from our lives
    - God could no longer be with us because sin brought imperfection into the existence of man
        - First a spiritual imperfection as Adam and Eve disobeyed God's command
            - And that sinful nature became, not something developed, rather it is within us from the outset of our life
                - Psalm 51:5 – *Surely I was sinful at birth; sinful from the time my mother conceived me*
            - Before we were even conceived, within the very nature of our beings
            - Without the atonement for our sins, there can be no fellowship with God
        - Not only our spiritual nature, but our emotions and mental functions were corrupted
            - Our minds were changed when sin entered into the fabric of our existence
            - Where once our minds and emotions were perfect, they became infected with those things that are not of God
            - That is why the apostle Paul makes so many statements and teaching regarding the mind of the Christian
                - Rom 12:2 – *Do not conform to the patterns of this world, but be transformed by the renewing of your mind*
                - I Cor 11:3 – *But I am afraid that just as Eve was deceived by the serpent's cunning, your minds may somehow be led astray from your sincere and pure devotion to Christ.*
                - Col 1:21 – *Once you were alienated from God and were enemies in your minds because of your evil behavior.*
            - And certainly our emotions became corrupted by greed and pride
                - In Paul's letters he is constantly encouraging those young Christians and churches, as well as each of us

today, to guard our minds and our emotions against the sins of the world influence

- Then there also came physical imperfection
  - Death and sickness were not present when God created the world, the Garden of Eden or Adam and Eve
  - Those things came with the introduction of the first sin
  - And while sickness can often be temporary, it is death that became the ultimate consequence for sin
    - Paul writes in Roms 6:23 that the wages or the cost of sin is death
  - There are two deaths that this refers to
    - The first is the physical death that no one can avoid
    - We read of only 2 men in the Bible who did not die
      - The first is found in Gen 5:24
      - Enoch was taken by God and was "no more"
      - The second is found in 2 Kings 2:11
      - The prophet Elijah was taken to heaven in a fiery chariot witnessed by Elisha
    - Some would say that Melchizedek did not die since the Bible says in Heb 7:3 that he was without beginning and without end
      - I agree with the majority of biblical scholars who believe that means that nothing was recorded of his birth or death, not that he did not die
      - Otherwise, it would have been stated clearly as it was with Enoch and Elijah
  - The second type of death is a spiritual death
    - This means to be eternally separated from God
    - Jesus differentiates between the 2 deaths in Matt 10:38
    - *Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.*

- Our salvation renews our spirits, and atonement is made that restores our relationship with God, but that does not change the ultimate impact of sin on our bodies
  - The effect of sin is still present
- But does that mean that we can do nothing to strengthen or heal our bodies?
  - Does God not care about your health?
  - Are you doomed to walk through this life without the Hand of God touching your natural life?

- I can assure you that God does care about your health
  - Your mental, emotional, physical and spiritual health
  - And we have been witnesses in this church of His work, His care, His love in the bodies, hearts and minds of this congregation

- Physical healing is a prominent topic in the Bible
    - In Ex 15:26 God Himself proclaims, *I am the Lord who heals you.*
    - John in his writing to the early Christians in Asia Minor states - *…I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.* (3 John 2)
    - And Scripture teaches that God heals all of man's diseases (Psa 103:3)

One of the powerful instruments we have been given can speed up or delay our healing

- The words we speak
    - *The tongue has the power of life and death* (Prov 18:21)
        - You can either embrace the wonder of God's healing power by proclaiming His presence and purpose in your life and giving Him thanks
        - Or you can continue to promote the sickness, disease, or injury by always keeping it in the forefront of your thoughts and words
    - Make the determination to stop talking so much about what is troubling you
    - Instead, speak words of comfort and encouragement to others even in the midst of your own storm